

Happy Birthday

Occupational Fitness Solutions is celebrating its FIRST Birthday since Sonja Belle re-launched the business in February 2005.

We thank all our referrers for their support and look forward to continued relations in 2006.



Commonwealth Games

Our Co-Director, Michael Wood is off to the 2006 Melbourne Commonwealth Games as the Principal Physiotherapist for the Australian Men's Hockey Team. The Men's team rate as GOLD medal favorites. For your chance to spot Michael on the big screen see the following finals timetable:

Friday March 24	8:30am-3pm	Men's Classification Games, Men's Semi Final
	5:30pm- 9:30pm	Men's Classification Game, Men's Semi Final
Saturday March 25	10:30am- 3:30pm	Women's Bronze Medal Game, Women's Gold Medal Game
Sunday March 26	10:30am- 3:30pm	Men's Bronze Medal Game, Men's Gold Medal Game

If any company/individual wants signed Commonwealth Games memorabilia for a registered charity please contact us ASAP on: info@occupationalfitnessolutions.com.au



Did you know?

Occupational Fitness Solutions is Western Australian owned, operating from a central location at 124 Loftus Street Leederville, Western Australia. 124 is located across the road from the Loftus Recreation Centre and 500 meters from the Beatty Park Aquatic Centre. We have access to heated swimming pools, a comprehensive gymnasium, up-to-date physiotherapy equipment, a modern, spacious clinic (with patient parking) as well as a training room.

Leederville Health Group



LEADING, LOCAL HEALTH PROVIDERS JOIN TOGETHER TO BRING A QUALITY ONE STOP SHOP FOR HEALTH NEEDS

Experienced, expert Health Practitioners within the Leederville area have joined to form the 'Leederville Health Group'. The reason for this? So our clients have the best opportunity to optimize their health and wellbeing. We have been able to provide a thorough health network where between all the Practitioners we can offer TOTAL healthcare for our local community. For details of those organizations involved in the group click on: www.leedervillehealth.com.au

Interesting work

2005 enabled Occupational Fitness Solutions to work on some interesting projects including the assessment of a lighthouse and staff so as to safely commence lighthouse tours, the development of pre-employment testing for the fitness of horse Barriers, training Supervisors and Managers on "Mastering Injury Management" as well as the establishment of a corporate wellness program focusing on improving the fitness, strength and core stability of Perth waste water treatment plant workers.

New Service

Occupational Fitness Solutions are able to offer Physical Work Performance Evaluations (PWPE's) for those customers who may require these as of March 2006. This is in addition to our existing range of injury management and preventative services.

Contact us

For further information on any of our services please visit our website www.occupationalfitnessolutions.com.au or call 6380 2980.

"Coming together is a beginning, keeping together is progress, and working together is success."